

Activity Name	Change your glasses
Goals	<ul style="list-style-type: none"> - To raise awareness of the inequalities in society - To foster solidarity and motivation to act against stereotypes - To develop skills of observation and imagination
Description	<ol style="list-style-type: none"> 1. With the group, brainstorm those people who are disadvantaged or living at the margin of society. 2. Ask each participant to choose one such person they are curious about and explain that they will go out and explore the locality through that person's eyes. 3. Emphasise that the point is not to act out the role but to go out and imagine what it would be like to be the other person. What would it be like to be in that person's shoes? For instance, would they be able to enjoy all the amenities? Where would they buy bread (if they can afford it)? Where would they live? 4. Hand out the glasses if you have some! Tell participants that as they go around the locality, they should take pictures either with digital cameras or on their mobile phones as documentation. Agree on a time for everyone to return. 5. On their return, ask each participant to transfer their pictures onto the computer, then choose two, three or four to print out, mount on a large piece of paper and tape onto the wall. The pictures should be untitled. 6. When all the pictures are displayed, ask everyone to try to guess which groups are being represented; then invite each participant in turn to present their photographs and to explain why they are particularly interested in the particular group they chose to "see". 7. All the pictures can be put together to make an exhibition or slide show entitled "Lives at the margin". <p>Debriefing questions:</p> <ul style="list-style-type: none"> - What preconceived ideas or stereotypes did you have about the person you chose? What influence did these have on how you did the activity and what you "chose to see"?

	<p>- "I know I do not see things as they are. I see things as I am." What effect do our stereotypes and beliefs have on how we see the world around us?</p> <p>- What have you learnt about yourself?</p>
Type of activity	Photo hunting
Duration	120 minutes
Space & Materials	Large sheet papers, pens, tape, a smartphone for each participant, computer and a printer
Learning Outcomes	Participants will be able to face how stereotypes can influence our perception of disadvantaged people.
Module	Looking at negative reinforcements of stereotypes and how to combat them. Why do we hate/ attack?
Source	https://www.coe.int/en/web/compass/change-your-glasses